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Newsletter

Week 1 Term 4 – Thursday 17th October 2019



Welcome back! It's hard to believe we are starting Term 4, yet here we are. Only ten weeks remain of school for 2019 and only 68 sleeps until Christmas (so my nephew tells me). Hopefully everyone managed at least a little rest and relaxation. I know for some it has been a very sad break. Marietta, we send all our love and strength to you during such a difficult time. Unexpectedly losing your mum is so very sad and a great loss. Marietta would also like to thank the P&C for the beautiful food hamper. On Tuesday the principal of Balgowlah North passed away. Owen was the president of the Primary Principals Association and a very supportive colleague. Our thoughts and prayers are with his wife and girls, along with the school community.

Stephanie Hopkins: Principal

Welcome

Arranounbai welcomes Ricky to Arranounbai this Term. Ricky is from Roseville PS and will join 1A. I hope you have had a great first week.

P&C Meeting

Friday 25th October at 9:15am the Term 4 P&C meeting will be held. Come along and have a cuppa, meet Scott from CPA, who runs a social Boccia game each Friday. All welcome!

Variety Corporate Volunteers

Last Friday saw 20 volunteers from the company Sage team up with VARIETY to spend the day at Arranounbai. They worked incredibly hard, painting the staff room, sanding the Gazebo tables, painting them along with the benches and the bike shed. It's amazing the splash of colour this has added. The addition of perspex to the tables has been very well received by the students. The volunteers gained a greater understanding of Arranounbai and special needs with a tour of the school and meeting Archie, who popped in with Gini. Huge thanks to the P&C for providing lunch for the hardworking volunteers.

Hats

With the weather warming up it's essential to wear a hat at playtime. Please send in a hat each day – wide brimmed hats are ideal. If you have any spares don't hesitate to send them in, we can always use spares. Wide brimmed school hats \$5 – available in sizes XS/S/M

Summer Uniforms

Don't forget to place your order for summer uniforms. Please head to the school website for uniform order forms and return them to school by Friday 25th October so that a bulk order can be made.

School Photos

Next Thursday- 24th October those BIG smiles need to be ready because it's 'photo' day! That gives us this weekend to get a haircut and plenty of 'beauty' sleep. Don't forget to return your orders to school before Thursday.

Hydrotherapy Swim Sessions on Monday

CPA run a swim session each Monday afternoon in which a number of our students participate. This is a great activity that is supported as part of NDIS packages. To ensure weekly participation, individuals need to have a carer or parent support them in the pool. A weekly timetable has been established for students to participate regularly if unable to be supported by a carer or parent. For greater access to the program please endeavour to join us on a Monday from 1pm.

Term 4 Yoga Trial

On Monday afternoons, starting next Monday, 15 students will participate in a yoga class led by Shannon from Little Big Warrior. This will be an opportunity for students to focus on building strength, developing regulation skills through breathing, improving mobility and maintaining/improving overall health and emotional well-being. The physical sequences are similar from week to week to build confidence, encourage exploration, gain a sense of empowerment, positive sense of self and independence.

CPA Triathlon Club

Please see flyer attached for some fun Saturday morning exercise.

Class Merit Award recipients- Week 10

Congratulations to the following students who received class awards at Friday's Assembly.



- | | |
|-----------------------------|-------------------------|
| 1A – Aaron | 2C - Michael |
| 2J – Aurora | 3N- Lhamo |
| 3M – Zoe | 4K – Kai |
| 5S – William | Library - Mikey |
| Music – William | Kitchen Garden – Miguel |
| Shopping/Life Skills- Jonah | Art - Samson |

Arranounbai Attitude Awards

Congratulations to the following students, who gained their tokens to receive their Gold Awards.



Samson, Jatin

Arranounbai Pin

Well done to Alex who received his Arranounbai Pin.

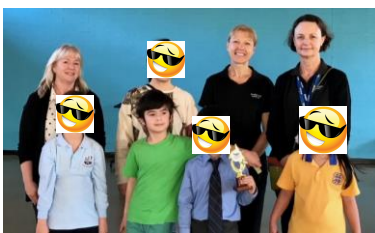
Class of the Week

Each week during assembly a 'spy' will watch each class, looking for those doing their best to follow the Arranounbai Attitude. At the end the spy will announce the class that has shone that week.

Week 10: Spy – Miss Dadd Class: 2J

Graduation

Congratulations Aaron on your graduation. We wish you all the very best at Roseville PS. We are going to miss your smiling face at Arranounbai.



Dates for Your Diary

School Photos – Thursday 24th October

P&C Meeting – Friday 25th October @ 9:15am

Santa Photos – Tuesday 19th November

Variety Christmas Party – November 26th

Special Children's Christmas Party- 4th December

Presentation Day – Tuesday 17th December

Collaroy Picnic Day – Wednesday 16th December

This Week: St Augustine Singers



2J always enjoy the St Augustine singers.

3N Students really enjoyed dancing along to the song Barbara Ann and listening to other great songs performed by the boys.



5S love to dance along with the St Augustine singers.

2C have got quite the moves as they enjoy some of the songs.



4K There's nothing quite like beginning the term with a relaxing afternoon of Dance Therapy. Students and staff of 4K always enjoy our regular Wednesday sessions with Mrs Williamson. A very therapeutic way to end a busy day.



3M enjoyed exploring different movements and rhythms using fabrics, a great way to spend Wednesday afternoons.

